

Study	N	Outcome	Age/subgroup	Birth order	RR (95% CI)
Pekkanen 1999	5,246	Self-reported (ever)	13-14	≥3	0.74 (0.64-0.85)
Schmitz 2012	16,447	Physician-diagnosed (ever)	0-17	≥2	0.8 (0.71-0.89)
Pekkanen 1999	7,050	Self-reported (ever)	13-14	2	0.83 (0.75-0.93)
Overall	25,837				0.79 (0.7-0.9)

$I^2: 0; \tau^2: 0; df: 1$

0.5

1

